

## PSHE Outside Speakers / Agencies 2019 / 20

### RSE

Year Group	Talk / Presentation
<b>Year 10</b>	<p>Operation Encompass</p> <p>Background</p> <ul style="list-style-type: none"> <li>• Domestic Abuse is a ‘cruel and complex crime’<sup>1</sup> which affects millions of people in our society every year and cuts across all strata of society, across all ages, cultures and races. It is damaging to individuals and to communities, it weakens a country’s economy, reduces productivity and attendance in the workplace, is a public health issue and bleeds into every part of our society. Domestic Abuse diminishes both the perpetrator and the victims. We must all work to achieve the cessation of Domestic Abuse.</li> <li>• Children exposed to domestic abuse are victims of child abuse.</li> <li>• Operation Encompass was created to support children experiencing Domestic Abuse through timely information sharing between police and schools. One aspect of this work has been, from the inception of Operation Encompass, our desire to achieve the ending of Domestic Abuse. Once a police area and the related schools embed Operation Encompass they will have already begun to work towards this aim as Operation Encompass has so many positive yet varied implications and effects.</li> </ul> <p><a href="https://www.operationencompass.org/">https://www.operationencompass.org/</a></p>
<b>Year 11</b>	<p>Relationship Work</p> <p>The talk is separated for male and female pupils:</p> <p>The male talk covers: Relationships (good, bad, appropriate, inappropriate and respect), Consent (in regard to age, intoxication, coercion, cognitive ability as well as understanding being explicit in ones consent), Counter Contextualizing Inaccurate Online Information Including Pornography, The Legalities and Social Consequences of Sharing Intimate Electronic Images, LGBTQ+ Issues and Abstinence is also covered as a valid option.</p> <p>The female talk covers the same with less attention to the online content as this is less of an issues for female pupils. Contraception and Recognising and Reacting to Abusive, Coercive and Exploitative Relationships.</p>
<b>Year 11</b>	<p>Sexual Health</p> <p>Pupils receive the talk from the Head of PSHE or the School Nurse, the talk looks at the Law, Sexual health and being safe.</p>

## Health

Year Group	Talk / Presentation
<b>Year 7 – Female pupils</b>	<p>Puberty – Menstrual Cycle</p> <p>Pupils receive a presentation created by Always and Tampax. The talk focuses on puberty, menstrual cycle and basic hygiene. Pupils receive a pack and products (sanitary pads) from Always.</p>
<b>Year 8 – First Aid</b>	<p>British Red Cross – Youth First Aid Training</p> <p>The British Red Cross come into the pupils final First Aid lesson to teach CPR. The British Red Cross representative demonstrates to pupils and then pupils work in groups / pairs in practicing CPR.</p> <p><a href="https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-learning-for-young-people">https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-learning-for-young-people</a></p>

## Citizenship

Year Group	Talk / Presentation
<b>Year 7</b>	<p>Why Q</p> <p>Go Smarter promotes sustainable and active travel through a comprehensive range of school projects, including the ‘Why Queue?’ presentations. The aim is to educate and encourage schools, parents and children to make small but achievable changes to their journeys each day. This contributes to a longer-term behaviour change that benefits individuals, communities and the wider environment.</p> <ul style="list-style-type: none"> <li>• Engaging and inspiring students to choose safe and sustainable travel options.</li> <li>• Raising awareness of the range of benefits for young people who choose to travel sustainably.</li> <li>• To enable students to identify influences on their behaviour and empower them to make informed, healthy choices.</li> </ul> <p><a href="http://www.gosmarter.co.uk/getting-to-school/walking">http://www.gosmarter.co.uk/getting-to-school/walking</a></p>
<b>Year 7</b>	<p>Young Carers</p> <p>What a young carer is? Who is a young carer? (how we identify them)            What a young carer does? How we support young carers and their families.            Support in school (school drop ins, 1-1’s) Information on afterschool groups, holiday activities and other respite support.</p> <p><a href="https://www.southtynesideyoungcarers.org/">https://www.southtynesideyoungcarers.org/</a></p>
<b>Year 7</b>	<p>Hope – Shall not hate workshop</p>

	<p>For pupils to understand the full impact of “lazy” discriminatory language and why it is important to cut it out and challenge others who use it.</p> <p>Directly challenges the use of discriminatory language, such as “don’t be so gay/girly”.</p> <p>By using the <i>Pyramid of Hate</i>, the workshop educates the class as to how these phrases help re-enforce discrimination and stereotypes as well as normalising prejudice.</p> <p>Aims to firstly encourage the pupils to stop using the phrases and also to empower them to challenge their friends to do the same.</p> <p><a href="https://charity.hopenothate.org.uk/">https://charity.hopenothate.org.uk/</a></p>
<p><b>Year 7</b></p>	<p>Smashed Project</p> <p><i>Smashed Live</i>, a theatre performance and workshop, with teaching resources. In its 16<sup>th</sup> year, the acclaimed Smashed Project is now delivered in 23 countries around the world reaching 250,000 young people per year.</p> <p>This in-school theatre/workshop will last 60 minutes, working with your whole year group. <i>Smashed Live</i> and its accompanying teaching resources are designed to link into the curriculum at Key Stage 3, specifically PSHE.</p> <p>Learning Outcomes:</p> <ul style="list-style-type: none"> <li>● <i>Causes of underage drinking</i></li> <li>● <i>Health, social and academic consequences</i></li> <li>● <i>Anti-social behaviour and the law</i></li> <li>● <i>Managing Peer Pressure</i></li> <li>● <i>Making informed, safe choices</i></li> <li>● <i>Help and support</i></li> </ul> <p><a href="http://smashedproject.org/">http://smashedproject.org/</a></p>
<p><b>Year 8</b></p>	<p>Josh Green – Road Safety</p> <div style="border: 1px solid #ccc; padding: 10px; margin: 10px 0;"> <p>Schools Go Smarter promotes safe and sustainable travel through a comprehensive range of school projects including the ‘Josh Green Posted on Your Wall’ presentations. The aim is to educate and encourage young people to be safe responsible and sustainable travellers on their everyday journeys. This contributes to a longer-term behaviour change that benefits individuals, communities and the wider environment.</p> <p><b>Why Teach Road Safety?</b></p> <p>Road incidents are a major cause of injury and death for young people across the UK. As young people get older and move from primary to secondary school, making more and more independent journeys, they become more at risk of being involved in a road incident. Adolescents between the ages of 12 – 16 are in one of the most vulnerable groups of road users accounting for 51% of all child road casualties (0 – 16 years).</p> <p>Making young people aware of the risks and providing them with strategies to take positive actions to remain safer are important parts of their development. Walking and cycling should always be encouraged amongst young people as sustainable travel is an important part of staying healthy and active; teaching road safety alongside this helps them to become safer and more confident independent travellers as well.</p> </div>

	<a href="http://www.gosmarter.co.uk/josh-green">http://www.gosmarter.co.uk/josh-green</a>
<b>Year 8</b>	<p>Northumbria Police – Knife Crime</p> <p>The project forms part of a government initiative which aims to combat and reduce knife crime amongst young people. Northumbria Police will deliver knife crime information and awareness to students in secondary schools across the force area.</p> <p>Students will take part in an interactive lesson delivered as part of our PSHE programme; the information provided will be in regards to knife crime and the law, the risks and consequences, as well as advice for students as to how to keep themselves safe. Further information can be accessed via:</p> <p><a href="https://beta.northumbria.police.uk/advice-and-info/violent-crime/knife-crimes/">https://beta.northumbria.police.uk/advice-and-info/violent-crime/knife-crimes/</a></p>

## Careers

<b>Year Group</b>	<b>Talk / Presentation</b>
<b>Year 9</b>	<p>Uni Frog</p> <p>Overview of how to log in and use UniFrog, looking at the Subjects library on Unifrog and where to find careers which match subjects pupils are thinking of taking. Unifrog has a Personality Quiz, which can help pupils make subject choices. UniFrog is then used in years 10 and 11 to aid pupils in future careers / courses and writing their personal statements and CVs.</p>
<b>Year 8</b>	<p>Gibber – Why Care NHS Careers performance</p> <p>The high energy, fun and interactive theatre performance raises awareness of the exciting variety of careers the NHS has to offer them.</p> <p><b>Why Care?</b> received 100% positive feedback from 68 schools visited during Spring / Summer 2019.</p> <p><i>“It is the most engaging and well tailored careers education I’ve ever seen.”</i> Teacher, Rye Hills Academy</p> <p><a href="https://www.wearegibber.com/schools/promoting-nhs-careers-opportunities/attachment/why-care/">https://www.wearegibber.com/schools/promoting-nhs-careers-opportunities/attachment/why-care/</a></p>