



# Whitburn Church of England Academy

An Academy with Specialist Status in Maths and Computing

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*'Excellence for All'*

23<sup>rd</sup> November 2020

## FOR PARENTS / CARERS OF CLOSE CONTACTS OF COVID-19

Dear Parent/Carer

### Advice for Student to Self-Isolate for 14 Days

We have been advised that there has been a further confirmed case of COVID-19 within our Year 10 'bubble'. We have followed national guidance and have identified that your child has been in the same bubble as the affected child.

Therefore, we recommend that your child now **stays at home and self-isolate** up to and including **Friday 4th December**. Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council. Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period. If your child is well at the end of the period of self-isolation, then they can return to usual activities on **Saturday 5<sup>th</sup> December** and come back to school on **Monday 7<sup>th</sup> December 2020**.

### What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.

**Document available in large font, alternative language or audio format on request**



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Testing can be arranged by calling 119 or via the NHS website: [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

When the result of the child's test is known, further advice will be available.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further information**

Further information is available at [nhs.uk/coronavirus](https://nhs.uk/coronavirus). I have also attached the helpful PHE 'Covid-19 Guide for Parents' that was circulated previously.

I fully appreciate the magnitude of this decision but the school, following consultation and advice from Public Health professionals, has concluded that the safest thing to do is to close the Year 10 bubble.

To ensure continuity of education in this crucial year, I would be grateful if you could read the attached letter that outlines the remote learning provision for your child during this self-isolation period.

I recognise that receiving this letter may be upsetting and that this is a challenging situation for you and your family. If you require any further support, please do hesitate to contact us.

Yours sincerely



**J E Crowe**  
**Principal**