

PE DEPARTMENT NEWS



ISSUE 2

MARCH 2023

MARCH IS MOVEMENT MONTH!

WE ARE PROMOTING ALL THINGS MOVEMENT THROUGH THE WHOLE MONTH OF MARCH. WHETHER THAT IS WALKING/CYCLING TO SCHOOL OR ATTENDING ONE OF OUR EXTRA CURRICULAR CLUBS, WE ARE TRYING TO ENCOURAGE ALL OF OUR STUDENTS (+STAFF!) TO MOVE MORE FOR THE WHOLE OF MARCH.

WE ARE ALSO STARTING OFF ALL PE CORE LESSONS WITH 4 MINUTES OF FITNESS THROUGHOUT THE WHOLE OF MARCH TO TRY AND ENCOURAGE MORE MOVEMENT FROM OUR STUDENTS. THERE IS STILL TIME TO GET INVOLVED!



DURHAM CROSS COUNTRY

CONGRATULATIONS TO THE FOLLOWING BOYS WHO REPRESENTED SOUTH TYNESIDE AT THE DURHAM CROSS COUNTRY EVENT HELD AT EMMANUEL COLLEGE;

- SAM THOMPSON
- INGRAM COOK
- JAMES OTTERSON
- FREDDIE BARNES
- HENRY BAULF
- HENRY SMITH
- JUDE PARRY



SOUTH SHIELDS PARK RUN

WE ATTENDED OUR SECOND PARK RUN OF THE YEAR AND IT WAS GREAT TO SEE MORE STAFF IN ATTENDANCE THAN OUR RUN BEFORE CHRISTMAS.

OUR NEXT RUN WILL BE AFTER EASTER, WE HOPE TO SEE MORE STUDENTS AND PARENTS JOINING IN!



RUGBY SUCCESS – U15 REGIONAL WINNERS

OUR U15 BOYS RUGBY TEAM WERE CROWNED REGIONAL WINNERS WITH WINS OVER WHITLEY BAY AND ASTLEY. THEY NOW MOVE ON TO A HOME TIE VS WINIFRED HOLTBY FROM HULL. OUR 14 BOYS FINISHED REGIONAL RUNNERS UP AND WILL PLAY AWAY AGAINST ST. BENEDICTS IN WHITEHAVEN. OUR U12 BOYS HAVE ALSO MADE A GOOD START IN THE INSPIRE 9 TOURNAMENT AT KINGSTON PARK.



GIRLS FOOTBALL

OUR GIRLS FOOTBALL CONTINUES TO GROW THIS YEAR WITH MORE AND MORE GIRLS REPRESENTING OUR ACADEMY AND ATTENDING OUR EC CLUBS.

SOME OF OUR GIRLS ALSO TOOK PART IN THE BARCLAYS GAME ON PROGRAMME WITH MISS NELSON.



COACH EDUCATION + SPORT LEADERS

WE HAVE RECRUITED OUR FIRST SIXTH FORM STUDENTS TO OUR NEW 'COACH EDUCATION' PROGRAMME. THE 9 STUDENTS ARE CURRENTLY HELPING TO ASSIST OUR EXTRA CURRICULAR CLUBS AND WE HOPE TO HAVE THEM ALL LEVEL 1 TRAINED IN THE NEXT YEAR. SOME OF OUR Y11 + Y10 GIRLS ALSO HELPED SUPPORT THE PRIMARY SCHOOL NETBALL RECENTLY AND DID A GREAT JOB UMPIRING. WELL DONE GIRLS!



FIFA 23 TOURNAMENT

WE WERE SELECTED AS 1 OF 32 SCHOOLS TO TAKE PART IN THE FIFA 23 NATIONAL TOURNAMENT. CONGRATULATIONS TO OLIVER WHEALAN WHO WON THE BOYS TOURNAMENT - THE GIRLS TOURNAMENT IS CURRENTLY TAKING PLACE.



ACTIVE 8 - DODGEBALL

32 OF OUR BOYS + GIRLS RECENTLY TOOK PART IN THE 'ACTIVE 8' DODGEBALL TOURNAMENT AT TEMPLE PARK. THIS TOURNAMENT WAS AIMED AT STUDENTS WHO HAD NOT REPRESENTED OUR ACADEMY BEFORE. WELL DONE TO THE Y8 BOYS WHO FINISHED SECOND.

NETBALL

OUR NETBALL TEAMS HAVE ALL HAD VERY GOOD SEASONS WITH SUCCESS FOR ALL OF OUR TEAMS IN SOUTH TYNESIDE LEAGUE/CUP FIXTURES. OUR U16 TEAM RECENTLY FINISHED 4TH AND OUR U13 TEAM 7TH OUT OF ALL NORTH EAST SCHOOLS - A GREAT ACHIEVEMENT. OUR U19 TEAM HAVE HAD A VERY ACTIVE SEASON RECENTLY PLAYING ST. PETER'S IN YORK.



GCSE CLIMBING

WE CONTINUE OUR ANNUAL GCSE CLIMBING SESSIONS AT SIMONSIDE CLIMBING WALL ON A FRIDAY NIGHT.

A FANTASTIC START TO EVERY WEEKEND AND LOTS OF LAUGHS AND SMILES!

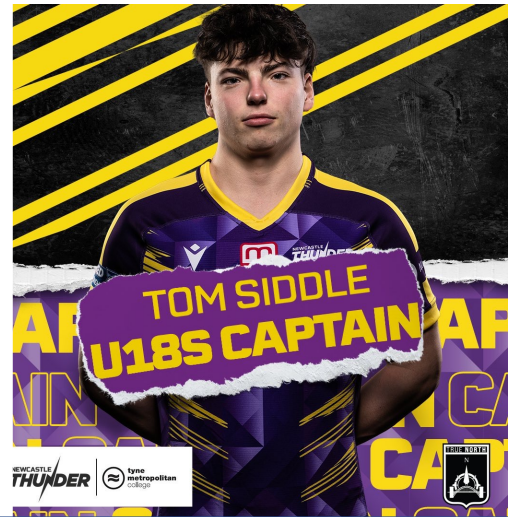


WHITBURN ALUMNI

IN SOME ALUMNI NEWS, IT WAS REALLY PLEASING TO SEE EX-STUDENT JAY TURNER-COOKE SIGN A NEW TWO-YEAR DEAL AT NEWCASTLE UNITED. JAY IS CURRENTLY ON LOAN AT LEAGUE 2 SIDE TRANMERE ROVERS.

WE RECENTLY HAD THE PLEASURE OF EX-STUDENT KIERAN HUDSON VISITING OUR SCHOOL TO HAND OVER A SIGNED SHIRT FOR OUR INSPIRATION WALL. KIERAN HAS SIGNED FOR SUPER LEAGUE SIDE CASTLEFORD TIGERS.

LASTLY, IT WAS GREAT TO SEE EX-STUDENT TOM SIDDLE MADE U18 CAPTAIN FOR NEWCASTLE THUNDER FOR THE UPCOMING SEASON.



U15



KS4 BOYS BADMINTON

OUR KS4 BOYS RECENTLY TOOK PART IN THE SOUTH TYNESIDE BADMINTON TOURNAMENT AT BOLDON SCHOOL.

CONGRATULATIONS TO OUR U16 BOYS WHO FINISHED IN 1ST PLACE!

U16



SKI TRIP - DEC 2022

FOR THE FIRST TIME IN OVER TWENTY YEARS, WE RAN OUR FIRST SKI TRIP WHERE WE VISITED ALPE D'HUEZ IN FRANCE. IT WAS A FANTASTIC WEEK - STUDENTS WERE BRILLIANT AND ALL 78 STUDENTS HAD A GREAT TIME.

SPECIAL THANKS TO A GREAT STAFF TEAM; MISS WALKER, MISS NELSON, MR SHEARD, MR COYNE, MRS GEARY, MRS DEMBRY, MISS ROOKS AND MISS COOKE.



FOLLOW THE PE DEPARTMENT ON TWITTER

@ PEWHITBURN

