

# PE DEPARTMENT NEWS



ISSUE 1

NOVEMBER 2022

## RUGBY

OUR RUGBY SEASON HAS STARTED WELL WITH WINS FOR OUR U14 GIRLS + BOYS IN THE 'TRY ON THE TYNE FESTIVAL' AND A COMPREHENSIVE WIN FOR OUR U15 BOYS VS CASTLE VIEW.

SOME OF OUR STUDENTS WERE ALSO ABLE TO ATTEND THE OPENING GAME OF THE RUGBY WORLD CUP AT ST JAMES PARK WITH ENGLAND RUNNING AWAY WITH THE WIN 60-6. GREAT RESULT AND GREAT ATMOSPHERE TO BE APART OF!



RUGBY LEAGUE  
WORLD CUP  
ENGLAND + 2021



## SOUTH SHIELDS PARK RUN

WE HELD OUR FIRST SCHOOL PARK RUN WHERE WE HAD SEVERAL STAFF, STUDENTS AND PARENTS ATTEND AND RUN THE 5K ROUTE. WE ARE PLANNING OUR NEXT EVENT FOR FEBRUARY 2023.

## SKIING

IN PREPARATION FOR OUR Y11 SKI TRIP TO ALPE DHUEZ IN DECEMBER, ALL OF OUR STUDENTS HAVE ATTENDED TWO LESSONS AT SILSKWORTH. WE TRAVEL TO FRANCE ON 10<sup>TH</sup> DECEMBER (4AM START!) AND WE ARE ALL LOOKING FORWARD TO OUR FIRST SKI TRIP IN A NUMBER OF YEARS.



# FOOTBALL

ON THE BACK OF ENGLAND'S SUCCESS AT THE EURO'S, GIRLS' FOOTBALL IS INCREASING IN POPULARITY AND WE HAVE HAD A NUMBER OF GAMES SO FAR THIS SEASON. BOYS FOOTBALL IS AS BUSY AS EVER WITH A AND B FIXTURES FOR ALL YEAR GROUPS. OUR Y7 BOYS HAVE ALREADY BEEN CROWNED THE EAST GROUP CHAMPIONS AND GO THROUGH TO THE CHAMPIONS PLAY OFF IN MARCH.



## CROSS COUNTRY

THE SOUTH TYNESIDE CROSS COUNTRY WAS A BIG SUCCESS WITH OUR STUDENTS FINISHING 2ND OVERALL IN THE TEAM COMPETITION OUT OF THE 8 TEAMS. STAND OUT INDIVIDUAL PERFORMANCES CAME FROM;

Y7 - LILIE SCOTT - 1<sup>ST</sup> PLACE

Y8 - SAM THOMPSON - 5<sup>TH</sup> PLACE

Y8 - RUBY SCOTT - 6<sup>TH</sup> PLACE

Y11 - MATTHEW ATKINSON - 1<sup>ST</sup> PLACE

Y11 - ALEX KELLY - 6<sup>TH</sup> PLACE



WELL DONE TO ALL STUDENTS WHO TOOK PART!

# NETBALL

SEVERAL OF OUR NETBALL TEAMS HAVE HAD GAMES THIS YEAR COMPETING IN THE SISTERS IN SPORT COMPETITION AND THE TYNESIDE SENIOR SCHOOLS TOURNAMENTS. COUNTY CUPS ARE COMING UP OVER THE NEXT FEW WEEKS THEN THE SOUTH TYNESIDE LEAGUES AND CUPS AFTER CHRISTMAS.



# LEADERSHIP ACADEMY

FOUR OF OUR Y9 STUDENTS HAVE RECENTLY ENROLLED ONTO THE SOUTH TYNESIDE LEADERSHIP ACADEMY. OVER THE COURSE OF THE YEAR THEY WILL ATTEND SEVERAL WORKSHOPS AIMED AT DEVELOPING THEIR LEADERSHIP SKILLS AND THEY WILL ASSIST WITH LEADING EVENTS AT THE END OF THE YEAR. GOOD LUCK MASON, BEN, FRANCESCA + IMOGEN!

# TABLE TENNIS

CONGRATULATIONS TO OUR U13 BOYS TABLE TENNIS TEAM WHO WERE CROWNED SOUTH TYNESIDE CHAMPIONS LAST MONTH. A GREAT EFFORT FROM ALL 8 STUDENTS!





# EXTRA CURRICULAR PROGRAMME

OUR EXTRA CURRICULAR IS CURRENTLY BUSIER THAN EVER. WE REGULARLY HAVE IN EXCESS OF 200 STUDENTS ATTEND OUR CLUBS AND FIXTURES IN A DAY. OUR FRIDAY NIGHT CLUB OF TRAMPOLINING AND CLIMBING IS EXTREMELY POPULAR AND OUR KS3 FOOTBALL ON A TUESDAY REGULARLY HAS 80+ STUDENTS ATTENDING. THE FITNESS ROOM IS ALSO AT FULL CAPACITY EVERY LUNCHTIME!

WE PARTICIPATED IN 198 FIXTURES AND EVENTS LAST YEAR - A NEW RECORD FOR US (189 IN THE LAST NON-COVID AFFECTED YEAR)



FOOTBALL 91	BADMINTON 3
RUGBY 16	TENNIS 5
NETBALL 20	NSSW 5
CRICKET 16	ROUNDERS 3
TABLE TENNIS 1	GYMNASTICS 2
BASKETBALL 9	SWIMMING 1
CLIMBING 9	WIMBLEDON 1
ATHLETICS 6	CROSS COUNTRY 2
<b>2021-2022</b>	

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