

PE DEPARTMENT NEWS



ISSUE 3

JULY 2023

NATIONAL SCHOOL SPORT WEEK

WE CELEBRATED NSSW IN STYLE THIS YEAR WITH A VAST NUMBER OF ACTIVITIES FOR OUR STUDENTS TO TRY. IN LESSONS, STUDENTS HAD THE OPTION OF AMERICAN FOOTBALL, ULTIMATE FRISBEE, VOLLEYBALL AND KABADDI AND AFTER SCHOOL WE PARTNERED UP WITH ADVENTURE SUNDERLAND AND URBAN FACTORY AND OFFERED OUR STUDENTS PADDLEBOARDING, KAYAKING, ARCHERY, CLIMBING AND PARKOUR.



NATIONAL SCHOOL SPORT WEEK 2022



SOUTH TYNESIDE ACTIV8 FESTIVALS

WE HAVE HAD A LARGE NUMBER OF STUDENTS ATTEND THE VARIOUS SOUTH TYNESIDE ACTIV8 FESTIVALS OVER THE LAST TERM. THE EVENTS ARE AIMED AT STUDENTS WHO USUALLY DON'T REPRESENT OUR ACADEMY TEAMS AND ARE A GREAT ADDITION TO OUR SPORT CALENDAR.

OUR STUDENTS HAVE RECENTLY TAKEN PART IN ULTIMATE FRISBEE, ROLLER DISCO, ORIENTEERING AND ZUMBA.



ROUNDERS

CONGRATULATIONS TO OUR ROUNDERS TEAMS WHO HAVE RECENTLY REPRESENTED OUR ACADEMY. OUR ROUNDERS CLUB ON A THURSDAY NIGHT HAS BEEN ONE OF OUR MOST POPULAR CLUBS!



CRICKET

OUR CRICKET PROGRAMME, LED BY MR MACKAY AND SUPPORTED BY MR SMITH HAS HAD A EXCELLENT SUMMER.

ALL OF OUR TEAMS HAVE HAD A BUSY YEAR AND HAVE REPRESENTED THE ACADEMY REALLY WELL AND HAVE ALL BEEN GREAT AMBASSADORS FOR OUR ACADEMY.

SPECIAL MENTION TO OUR U14 CRICKET TEAM WHO REACHED THE QUARTER FINALS OF THE DURHAM COUNTY CUP, LOSING AGAINST DURHAM SCHOOL BY 1 RUN ON THE LAST BALL.

WE ARE LOOKING FORWARD TO SEEING THEIR DEVELOPMENT NEXT YEAR.



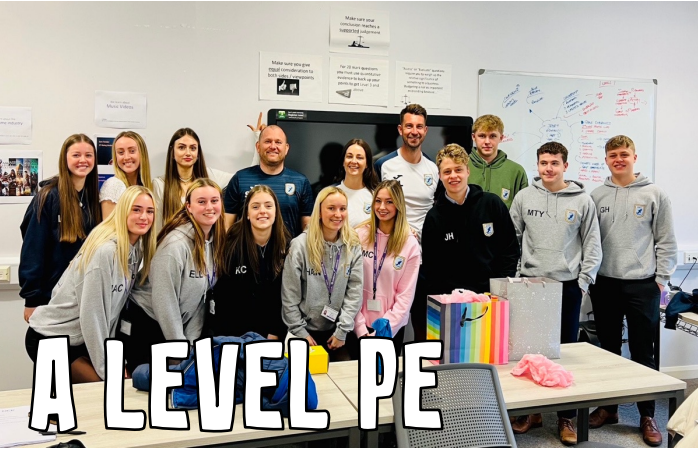
DANCE

WE HAVE RECENTLY HAD TWO DANCE WORKSHOPS IN SCHOOL WHICH WERE BOTH VERY POPULAR.

THE FIRST WAS LED BY DANCE CITY AND THE SECOND WAS ORGANISED BY THE CUSTOMS HOUSE WHICH WAS LED BY A GROUP CALLED GHETTO FUNK COLLECTIVE.

EXAM PE – WELL DONE + GOOD LUCK!

WELL DONE AND GOOD LUCK TO OUR THREE EXAM PE CLASSES WHO HAVE RECENTLY FINISHED THEIR EXAMS AND MOVE ON TO PASTURES NEW. WE HOPE TO SEE SOME OF OUR GCSE PE AND CAMBRIDGE NATIONALS SPORT STUDIES STUDENTS IN SIXTH FORM NEXT YEAR.



LEADERSHIP ACADEMY

WELL DONE TO MASON BROOKS, BEN HOWARTH, FRANCESCA NAVI AND IMOGEN ARNOTT WHO HAVE TAKEN PART IN THE SOUTH TYNESIDE LEADERSHIP ACADEMY FOR THE LAST ACADEMIC YEAR AND HAVE BEEN GREAT AMBASSADORS FOR WHITBURN.

IT HAS BEEN GREAT TO SEE THEIR DEVELOPMENT OVER THE LAST YEAR AND DEVELOP INTO GREAT LEADERS!



INDOOR ROWING

THE ANNUAL SOUTH TYNESIDE INDOOR ROWING COMPETITION WAS A BIG SUCCESS THIS YEAR WITH THREE OF OUR STUDENTS' WINNING MEDALS.

CONGRATULATIONS TO THE FOLLOWING STUDENTS;
 ISOBEL ARKLE (GOLD)
 MALAKAI ELSY SMITH (SILVER)
 JOSH SIPOLA-MALPASS (SILVER)



FOOTBALL LEAGUE WINNERS

WE HAVE HAD A VERY BUSY FOOTBALL SEASON WITH OVER 90 FIXTURES PLAYED ACROSS THE BOYS AND GIRLS TEAMS.

SPECIAL MENTION TO THE U13 BOYS FOOTBALL TEAM WHO WERE CROWNED LEAGUE WINNERS AND FINISHED RUNNERS UP IN THE DISTRICT CUP FINAL.



BASKETBALL

ANOTHER SUCCESSFUL BASKETBALL SEASON COMES TO A CLOSE WITH A NARROW VICTORY OVER MORTIMER U17'S.

OUR STUDENTS ENJOYED THE NBA JUNIORS' SERIES AGAIN THIS YEAR AND WILL COMPETE IN THE NEW 3VS3 FORMAT AT THE END OF THE YEAR AS WELL.



RUGBY – NATIONAL ROUNDS

SPECIAL MENTION TO OUR BOYS U14 RUGBY LEAGUE TEAM WHO WERE REGIONAL FINALISTS AND REACHED THE LAST 16 OF THE NATIONAL ROUNDS.

OUR U15 RUGBY LEAGUE TEAM WENT ONE BETTER AND FINISHED AS REGIONAL WINNERS. UNFORTUNATELY, OUR BOYS LOST THEIR LAST 16 NATIONAL CUP GAME AGAINST A VERY STRONG CASTLEFORD SIDE, BUT THEY SHOULD BE PROUD OF THEIR EFFORTS.

ATHLETICS – MONKTON STADIUM

WE HAVE HAD A LARGE AMOUNT OF STUDENTS REPRESENT OUT ACADEMY IN THE ATHLETICS COMPETITIONS THAT HAVE TAKEN PLACE AT MONKTON STADIUM. SPECIAL MENTION TO THE FOLLOWING STUDENTS WHO QUALIFIED TO REPRESENT SOUTH TYNESIDE; SAM THOMPSON, MALAKAI ELSY SMITH, RUBY SCOTT, MILA HASWELL, ISABELLE ABRAHAM, JOSH JEYNES, OWEN ECCLESTON, OSCAR DANJOUX, THOMAS DOBINSON, ALANIA EBANKS AND FERN MCCULLY



DOUBLE NETBALL SUCCESS

CONGRATULATIONS TO OUR U13 NETBALL TEAM WHO DID THE DOUBLE WINNING THE LEAGUE AND SUMMER CUP.

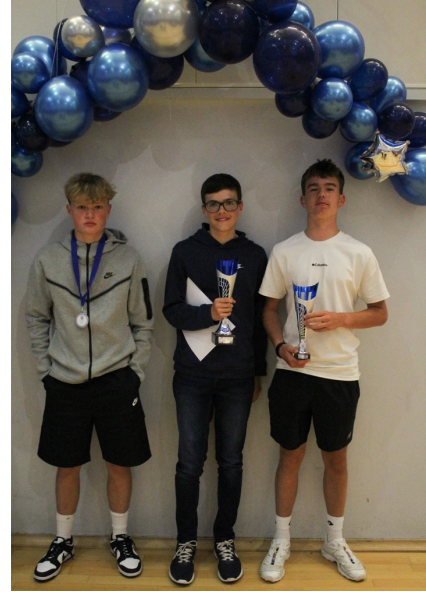
OUR U16 TEAM WERE ALSO SUCCESSFUL IN THE LEAGUE FINISHING WINNERS.

TENNIS + WIMBLEDON TRIP

WE HAVE HAD MORE TENNIS FIXTURES THIS YEAR WITH OUR SQUADS PERFORMING VERY WELL. WE ALSO HAVE 40 STUDENTS ATTENDING WIMBLEDON LATER THIS MONTH.

THE 40 STUDENTS WILL WATCH A DAY'S TENNIS AT WIMBLEDON, HAVE A STADIUM TOUR OF TOTTENHAM HOTSPUR AND HAVE A SKIING LESSON AT LONDON INDOOR SKI SLOPE.





SPORTS AWARDS EVENING

WE HELD OUR FIRST ANNUAL SPORTS AWARDS EVENING RECENTLY AND IT WAS A BIG SUCCESS. SPECIAL THANKS TO SOUTH TYNESIDE JETS AND SOUTH TYNESIDE GYMNASTICS FOR PERFORMING FOR US ON THE NIGHT. THE FOLLOWING STUDENTS WON AN AWARD;

TOP FOOTBALLER **CALEB CARROLL**
 TOP FOOTBALLER **LILY SCOTT**
 TOP RUGBY **THOMAS DOBINSON**
 TOP RUGBY **GRACE SMITHSON**
 TOP BASKETBALL **SAM HOGARTH**
 TOP CRICKET **TRUDY JOHNSON**
 TOP INDIVIDUAL **GEORGE BOWEN**
 TOP INDIVIDUAL **ISOBEL SMITH**
 JR SPORTS PERSONALITY **ANDREW STONEHOUSE**
 JR SPORTS PERSONALITY **EVE ARMSTRONG**

UN Sung HERO (KS3) **SEB HARTLE**
 UN Sung HERO (KS3) **ARIELLA DA GAMA**
 UN Sung HERO (KS4) **AARON MILLS**
 UN Sung HERO (KS4) **NEVE HUGHES**
 VOLUNTEER AWARD **MILLIE MASON**
 TEAM OF THE YEAR **Y8 BOYS FOOTBALL**
 TEAM OF THE YEAR **Y8 GIRLS NETBALL**
 LIFETIME ACHIEVEMENT **HANNAH LEE**
 SNR SPORTS PERSONALITY **JOHN WRIGHT**
 SNR SPORTS PERSONALITY **ALANIA EBANKS**

