



WHITBURN PE DEPT





NEWSLETTER
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CROSS COUNTRY RECORD BREAKERS

ALL OUR STUDENTS RECENTLY COMPLETED THEIR CROSS-COUNTRY RUN IN THEIR CORE PE LESSON, AND WE HAD SOME GREAT EFFORT AND COMMITMENT FROM OUR STUDENTS.

AS YOU CAN SEE BELOW, WE HAD SOME STUDENTS BREAK OUR CROSS-COUNTRY RECORDS (EST. 2019). CONGRATULATIONS TO CHARLIE ORR, FRANCESCA KING, AMELIA STORES, FREDDIE BARNES, RUBY SCOTT, SOPHIA THOMPSON AND ISOBEL JONES-PESCOD.

BOYS 	POSITION	2 LAPS (U12) 1 MILE	3 LAPS (U14) 1.5 MILES	4 LAPS (U16) 2 MILES
	 1ST	SAM THOMPSON 2022 5.47	HARRY AYRE 2019 8.37	BEN GILES 2021 11.02
	 2ND	CHARLIE ORR 2023 6.09	BEN GILES 2019 8.42	ROSS USHER 2021 11.12
	 3RD	JUDE MACDONALD 2019 6.13	FREDDIE BARNES 2023 8.53	MATTHEW ATKINSON 2021 11.15

GIRLS 	POSITION	2 LAPS (U12) 1 MILE	3 LAPS (U14) 1.5 MILES	4 LAPS (U16) 2 MILES
	 1ST	LILY SCOTT 2022 6.34	RUBY SCOTT 2023 10.23	LUCY WELSH 2021 12.45
	 2ND	FRANCESCA KING 2023 6.40	SOPHIA THOMPSON 2023 10.59	JESSICA ORD 2019 13.47
	 3RD	AMELIA STORES 2023 6.44	ISOBEL JONES PESCOD 2023 11.03	AMY DUNCAN 2019 14.05

SKIING

IN PREPARATION FOR OUR FORTHCOMING SKI TRIP TO FRANCE IN DECEMBER, 50 YEAR 10 AND 50 YEAR 11 STUDENTS ATTENDED SNOZONE IN CASTLEFORD TO UNDERTAKE A 2 HOUR SKI LESSON.

MORE NEWS TO FOLLOW IN OUR NEXT NEWSLETTER ABOUT OUR TRIP TO ALPE D'HUEZ.



NETBALL 2023-2024

OUR NETBALL SEASON HAS OFFICIALLY STARTED FOR OUR U19 & U14 SQUADS. BOTH TAKING PART IN THE NATIONAL SISTERS'N'SPORT COMPETITION. FIGHTING OFF OUR REGIONAL OPPONENTS, SUCH AS DAME ALLANS IN THE FIRST FEW ROUNDS AND NOW MAKING IT INTO THE LAST 16 IN THE COUNTRY WITH BOTH TEAMS NEXT CHALLENGERS BEING HARROGATE GRAMMAR.

BOTH OUR U14 AND U19 SQUADS WERE ALSO PART OF THE NORTH DURHAM COUNTY SCHOOLS TOURNAMENT RECENTLY, FACING OFF TOUGH COMPETITION FINISHING IN 2ND PLACE. FINALLY OUR KS4 TEAMS HAVE STARTED THEIR PURSUIT OF THE SOUTH TYNESIDE LEAGUE TITLE THIS WEEK WITH OUR KS3 LEAGUE TO START IN THE NEW YEAR!



U14



U15



U19



U16



U19

BOYS FOOTBALL

2023-2024

ALL OUR BOYS FOOTBALL TEAMS HAVE MADE A GOOD START TO THEIR RESPECTIVE SEASONS.

OUR Y7 TEAM HAS ALREADY WON THEIR CVL LEAGUE REMAINING UNDEFEATED AFTER 6 GAMES AND PROCEED TO THE CHAMPIONS LEAGUE IN MARCH.

OUR Y8 TEAM REMAIN UNDEFEATED AND SIT TOP OF THEIR LEAGUE, WHILE OUR Y9, Y10 AND Y11 TEAMS HAVE ALL MADE PROMISING STARTS.

IT HAS ALSO BEEN GREAT TO SEE OUR B TEAMS COMPETING IN LOCAL AND NATIONAL COMPETITIONS.

LASTLY, OUR U19 TEAM REMAIN UNDEFEATED IN THEIR DURHAM COUNTY LEAGUE. GOOD LUCK TO ALL OUR TEAMS!



 **FULL-TIME**
League Administration

Scan this QR CODE and **SELECT** the **DROP DOWN MENU** to access League Standings via the FA-Full Time Website!



GIRLS FOOTBALL 2023-2024



ALL OUR GIRLS FOOTBALL TEAMS HAVE STARTED THEIR SEASONS VERY WELL WITH OUR U12, U13 + U14 TEAMS ALL COMPETING IN THE SOUTH TYNESIDE CENTRAL VENUE LEAGUES.



CURRENT STAND OUT TEAM GOES TO OUR U14 B TEAM WHO ARE CURRENTLY SECOND IN THE LEAGUE.

SPECIAL MENTION TO THE Y7 FUTSAL TEAM WHO FINISHED 2ND IN THE SOUTH TYNESIDE CUP RECENTLY.

GOOD LUCK TO ALL OF OUR GIRLS TEAMS WHO CONTINUE THEIR LEAGUE GAMES THIS TERM.



TRAMPOLINING SUCCESS!

CONGRATULATIONS TO ALL OUR STUDENTS WHO TOOK PART IN THE SOUTH TYNESIDE TRAMPOLINING COMPETITION. TWO OF OUR TEAMS WON BEST IN THEIR CATEGORY, KS4 DEV. BOYS + KS3 NOVICE GIRLS.

WE ALSO HAD 10 OF OUR STUDENTS WIN INDIVIDUAL MEDALS. WELL DONE ALL!



TABLE TENNIS – DOUBLE GOLD!

CONGRATULATIONS TO OUR U13 AND U16 TABLE TENNIS TEAMS WHO HAVE DONE THE SOUTH TYENSIDE 'DOUBLE' WINNING BOTH COMPETITIONS. WELL DONE TO;

U13 - EDDY BROWN, TOM SMITH, ELIJAH FEASEY. BENJAMIN BLYTH

U16 - HARRY O'DONNELL, NATHAN STONE, ALEX ELLIOTT, WILL MORGAN + SAIED AL-OULABI



LEADERSHIP ACADEMY

GOOD LUCK TO FOUR OF OUR YEAR 9 STUDENTS WHO HAVE STARTED THEIR LEADERSHIP ACADEMY PROGRAMME WITH AN INDUCTION DAY AT TEMPLE PARK.

THE FOUR STUDENTS (SEB HARTLE, GEORGE BODDY, ISOBEL JONES-PESCOD AND GABRIELLA PICK) WILL COMPLETE SEVERAL TASKS THROUGHOUT THE YEAR AND WILL AIM TO DEVELOP THEIR LEADERSHIP SKILLS + PROMOTE HEALTHY ACTIVE LIFESTYLES AT WHITBURN.

ACTIV8 – CHEERLEADING + PARKOUR



15 OF OUR YEAR 7 STUDENTS TOOK PART IN THE FIRST ACTIV8 SOUTH TYNESIDE EVENT WHICH WAS HELD AT URBAN FACTORY IN HEBBURN.

STUDENTS TOOK PART IN SOME PARKOUR IN THE MORNING AND CHEERLEADING IN THE AFTERNOON - BOTH GROUPS OF STUDENTS HAD A GREAT TIME!

SPORT STUDIES OUTDOOR CLIMBING



ON A WET AND COLD SEPTEMBER DAY, OUR Y11 CAMBRIDGE NATIONALS SPORT STUDIES STUDENTS VISITED CAUSEY ARCH TO COMPLETE THEIR OUTDOOR CLIMBING ASSESSMENT WITH ADVENTURE SUNDERLAND.



STUDENTS KEPT WARM AROUND THE FIRE AND EVEN TOASTED SOME MARSHMALLOWS!

